

# What Does the Bible Have to Say About Swearing?

Matthew 26:74: **Profanity is an indication of anger that leads to sin.**

Ephesians 4:29 and 5:4: **The Bible tells us to build others up and not tear them down with profanity.**

James 3:2: **If we can keep our tongue in check, it will be easier for us to keep the rest of ourselves in check.**

1 Peter 3:10

Luke 6:45: **Our words reveal a deeper truth about our **Selves.****

# For Discussion

Is it ever ok to swear?

But they're just words! What's the difference?! What is it about swear words that makes them so bad?

There have been several studies conducted that seem to indicate that swearing is good for you—it helps increase pain tolerance momentarily or releases stress. Does that make it ok?

There are lots of other “bad words” that we use in everyday conversation. Take “murder” or “genocide” for example. What makes a word that describes killing ok to say but other words not?

Where do we draw the line? Obviously some words and phrases are acceptable and others are not. But where is the line?

Read Philippians 4:8. How might this effect our perspective on swear words?